



CARRIGTWOHILL
P H A R M A C Y

Seasonal Flu?

What is seasonal flu (influenza)?

Seasonal flu is a highly infectious viral illness of the respiratory tract that can be life threatening.

Can flu cause serious illness?

Flu is a serious illness with most deaths occurring in people aged 65 years and over, those with long term medical conditions and pregnant women.

Is it cold or flu?

Flu symptoms come on suddenly with a fever, muscle aches, headache and fatigue. A cold is a much less serious illness than flu and usually starts gradually with a sore throat and a blocked or runny nose.

How does the seasonal flu vaccine work?

Seasonal flu vaccine helps the person's immune system to produce antibodies to the flu virus.

How safe is flu vaccine?

Seasonal flu vaccines have been given for more than 60 years to millions of people worldwide. Reactions are generally mild and serious side effects are very rare.